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1990

The Menace Of Malnutrition

IT IS SOUBTIFUL WHETHER there is any place in the world where the food supply is as abundant as it is in Canada at the present time. Considering the amount of cereals, meats, fish, fruit and dairy products which we produced last year, it would be natural to suppose that Canadians would be among the best nourished people in the world. However, surveys show that although the food supply is abundant, the population is not from some form of malnutrition, or is in danger of falling prey to it. Ignorance of proper nutritional standards, faulty distribution of food and associated factors are believed to be the causes of the high occurrence of nutritional diseases here.

Is Considered Serious Menace

Health authorities have expressed the view that malnutrition is an insidious disease, more deadly to the body than any other which attracts far greater attention. Polydipsia is given as an example of a disease which is widely feared and vigorously combated. Yet it is noted that in 1944, the last year for which reliable figures are available, there were 36 deaths from polydipsia, while 41 deaths were attributed to nutritional disorders. Rickets, which is one of the greatest problems connected with nutrition in Canada, have permanent debilitation and may cause death every day. Statistics show that eleven per cent. of the children in the country suffer from rickets, which can be prevented by the use of fish liver oil. Another nutritional disease, found to be very prevalent in some areas, is nutritional anemia, caused by lack of iron in the diet.

Cause Is Laid To Ignorance

Under the direction of Dr. L. B. Pitt, chief of the nutritional division of the department of national health and welfare, surveys have been made in widely separated areas throughout the Dominion and it was from these that the foregoing facts were discovered. Public health surveys are made from time to time to determine the general state of health of the population and various other means. It is believed that lack of knowledge is the cause of most of the nutritional diseases which very few Canadians to whom the variety of food necessary for a balanced diet are not available. It is in the best interests of any country to improve its knowledge of health and nutrition, and to take the necessary steps to combat complex problems which cannot easily be solved but it would seem that through careful planning of food distribution and through education, it should be possible to eliminate malnutrition and its national health.

IN CASE YOU'RE INTERESTED

Smoking has become more than a habit; it's a national religion. To the tax collector, every puff, every whiff, cloud of smoke is a source of revenue. It's a spin gold.

It does not stop there in the cut-of-living index, smoking is perhaps the most inflated item in the average citizen's daily household budget. All of that inflation has been paid.

In most provinces cigarettes are currently for 35 cents for a pack of 20.

Of that price 12 cents is for the factory's tribute to the government. The rest is just about twice what the manufacturer gets for the finished product.

At the price (12 cents) and the 15-cent tariff is added to the 3 per cent. sales tax, according to Ottawa's estimate, the smoker pays 24 cents for the cigarette.

To make certain the smoker does not finance the war, Ottawa charged him an extra 2 cents for every five cigarettes, or "one a pack"—a "war" revenue tax.

Thus, 24 cents of the 35-cent price is strictly for the government. But there is more.

New Careers For Women Exciting

Thrilling new careers for women are featured in a statement made by the United Kingdom House of Commons. The Air Ministry is planning to recruit 1000 new women for the first time in the history of the Royal Air Force. In a non-combat capacity as navigators, wireless operators and flight engineers. This revolutionary advance is part of a plan to increase the size of the Royal Air Force permanently into the R.A.F. for service at home and abroad. The R.A.F. Reserve Organization will also be increased. The statement says which will be by their own choice as well as by the government. The Air Force personnel who already held pilot licenses and those who flew in the front line of the Royal Air Force during the war.

ARMY CONTROL ON BOG SLAUGHTERING LIFTED
The slaughtering control on bog established by the Wartime Prices and Trade Board has been discontinued on April 1. The Prices Board order announced in Regina recently.

The Board points out that, although bog quotas are suspended, all prices and regulations for pork products remain unchanged.

Slaughtering permits holders must continue to fill their monthly reports to the livestock, including hog, slaughtered.

FERROUS IS 50 GOOD FOR ULCERS! EGZEMA! PILES!

CONSUMERS are advised to look for the name of the product, and to buy it from the factory outlet, or from the nearest branch of the company.

Germolene OINTMENT
Mild ALL-VEGETABLE RELIEF FOR IRRITATION, INFLAMMATION, TOOTHACHE, BRUISES, BURNS, SCALDS, AND ALL OTHERS.

TO-NIGHT
Haines Remedy

CHINESE GOVERNMENT
BAN SILVER CURRENCY
NANKING—Holding of or dealing in silver in China has been prohibited by the government. It was announced. Such coins now must be exchanged at the official rate at banks designated by the government.

The sea, worthy of champion jumper, is one-fourth of an inch high but can jump 10 inches into the air.

Mars is only one-tenth as heavy as the earth.

FUNNY And OTHERWISE

Employer (to clerk)—I thought you were sick yesterday?

Clerk—Yes, I was.

Employer—Well, you certainly didn't show up. I was wondering if you at the race yesterday.

Clerk—I didn't. You should have seen me after the fourth race.

"It's a bottle of hair tonic, which, that very nice one, which."

"Yes, I want you to give it to your typist at the office, her hair is falling out."

Have you heard the one about the tough old character who was told by his doctor that he should drink a glass of orange juice after a hot bath?

Doctor met the old fellow two or three days later.

"Did you drink that orange juice?"

"Oh, Doc, don't say 'silly' answered the character, "it isn't 'silly' 'drinking' that bath."

Wife: "The doctor said at once that I needed a stimulant. Then he asked me my name."

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"Waiter, this is outrageous!" They raised the price of coffee from 25 cents a portion.

"Sorry, but you know how the cost of building material has been going up."

Employer (inquiring applicant for job): "Know anything about plumbing?"

"Yes, sir," answered the applicant.

"Well, Albert, how did you get into plumbing?"

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ONE-FIFTH OF CANADA TO BE PHOTOGRAPHED BY R.C.A.P.—One-fifth of Canada will be photographed by the R.C.A.P. Air Corps from Georgian Bay and Hudson Bay will be completely covered by planes similar to this Anson. Two types of camera will be used in the planes. This is official height of 4131 aerial camera.

LETHAL TIDE KILLS MILLIONS OF FISH

CAROL GARRETT, Fla.—Dreadful tidings of a terrible tide of blue-bone—some 1,500,000 of them—have been found floating in the Gulf of Mexico between the Florida and Cuba.

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Britain's Holiday Exchange Scheme For World Friendship

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Admiral Byrd Sees Polar As Food Storage

WASHINGTON.—Rear Admiral Richard Byrd, returning from the Antarctic expedition, said that long-range planes and dynamic ice-breakers have created the great white south polar continent wide open for exploration and within 10 years men may be tapping its resources.

"There's an awful lot of coal down there," he said in a statement. Byrd also envisaged exploiting the vast ice as a natural refrigeration for storage of surplus crops in temperate lands. "The world never knew it," he said.

Returning with about 100 men aboard the expedition flagship, Mount Olympus, Byrd said the area in the south polar region is not strategically important and it is up to the state department to make any claims. "The enormous amount of area discovered up to this time."

Byrd said he has not yet decided whether to recommend official U.S. action toward establishing part of the huge ice wilderness as a national park. Although it has been said that the United States 1,800,000 of the Antarctic's known 4,000,000 square miles on the basis of exploration.

Londoners Were Very Adaptable

The late Sir Sidney Kidman, the Australian stock king who revolutionized the cattle and horse industry in Australia, actually had brought out to Australia twenty-five London bus-drivers (and their families), to become boundary riders. Some of them had never been outside a horse before, but they were most adaptable, and very soon proved themselves as hard-bitten and able to handle a mob of cattle with the best of the "driban Austrians."

To Peel Right — Not Right!

Tired Feet

MINARD'S LINIMENT

35c

Soothe them with

Contract has been awarded to Manitoba Engineering Company, for a \$45,000 school at West St. Paul, Minn.

Biscuits that "Click" with the whole family

Magic's Orange-Raisin Biscuits

4 cups short flour, 1 cup sugar, 1/2 cup butter, 1/2 cup raisins, 1/2 cup orange juice, 1/2 cup baking powder, 1/2 cup salt.

MAGIC BAKING POWDER

50¢ per 100 lbs. net weight. Also in 25 lb. and 50 lb. bags.

Your guarantee of Successful Baking

WHEN YOU'RE TIRED AS YOU CAN BE...

TRY A CUP OF LIPTON'S TEA

ONLY LIPTON'S BRISK-TASTING TEA GIVES YOU FL

What a lift you get from famous Lipton's Tea! Lipton's FLAVOR-377... a delicious, stimulating combination of brisk, mellow flavor... plus a lift that sends exhilaration every nerve right through you, from head to toe. Lipton's Tea is a wonderful "kick-up" when you're tired—because anyone, young or old, can get the lift of Lipton's Tea!

Don't judge an egg by the color of its shell which is no indication of its yolk color.

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WORLD NEWS IN PICTURES



WORLD'S LARGEST PROTESTANT CONGREGATION—Albanian Baptist church, built in New York through the efforts of Rev. Adam Clayton Powell, Jr., minister emeritus, in a "mighty voice crying out against bigotry to the Negro race." The present minister of the church is the heart of Harlem is Dr. Adam Clayton Powell, Jr., left, shown with some members of his Sunday school. With 10,000 members and an enrollment of 14,000, it is the world's largest Protestant church. Ruth King, right, member of the Albanian Baptist church, is seen at the bulletin board, which gives some idea of the scope of its activities. Church founder is son of a slave.



IN SPITE OF CRITICISM, FRANCO CONTINUES IN POWER, OBSERVES ANNIVERSARY—Celebrating the eighth anniversary of his victory in the Spanish civil war, Generalissimo Francisco Franco, chief of state, is shown as he decorates naval officers in Madrid. His plan to restore the monarchy has been rejected by Don Juan, who declared Franco was trying to poison his personal relationship under "camouflage of monarchy."



NO LOVE LOST—Herminie, widow of Kaiser Wilhelm, told reporters that the Kaiser "died and died" rather than even during the height of the western front campaign in 1918. She is living in the Luxembourg zone.



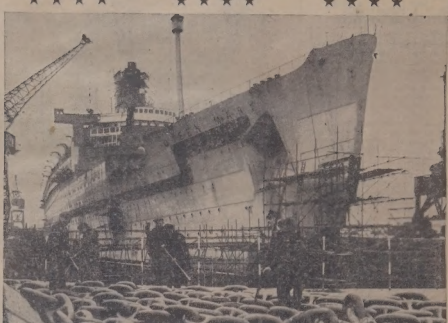
MURDER IN LONELY ARCTIC—A murdered man was found in this lonely shack at Wood, 20 miles north of Kirkland Lake. He was Robert Todd, 78, and police believe he was slain for his 125 old-age pension. His body was found trussed up under the floor of cabin.



PRICE CEILINGS TO RETURN IF PUBLIC EXPLOITED, SAYS ABBOTT—Waiting was served on Canadian industry that price ceilings might be re-imposed if it was felt the public was being exploited. The speech was given by Douglas Abbott, minister of finance, who was answering C.C.P. leader, M. J. Coldwell, in the House of Commons. Mr. Coldwell claimed financial reports showed that some Canadian companies were making a very high rate of profit. Mr. Abbott is seen with his children, Thelma, Jeff, Elizabeth and Lewis.



BEAUTIFUL LADY HAS HER FACE LIFTED—Mary Doe, 38, is shown in a portrait after her face was lifted. The famous lady, her troupeful service over, is in the King George V dry dock for a refit before resuming her passenger runs. A new stern is being fitted in place of temporary repairs made when she was damaged in a collision. Workmen are painting her huge anchor chain.



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THEY WANT IT BACK—Central King of the British crown is the Kalashnikov, presented to Queen Victoria by the East India company in 1855. Now the Indians want it back, together with paintings and other gems.



CHAPLIN HAS A READY ANSWER—British-born comedian, Charlie Chaplin, at a press conference for foreign newspaper men, answered questions asked by New York columnist Ed Sullivan. Sullivan wrote: "For 20 years Chaplin has earned a bank living in the U.S., abandoning his native land England. Why hasn't Chaplin become an American citizen?" "I haven't become an American citizen," said Chaplin, "because I am not a nationalist. Seventy per cent. of my income is derived from Europe, and 30 per cent. from the U.S. The U.S. takes 100 per cent. of that income for taxation purposes. I am a very good paying guest." "Does Chaplin prefer democracy as defined by Russian communism to democracy as it is defined in the United States?" wrote Sullivan. To which Chaplin replied: "I'm not looking for any ideology. I'm for the progress of the human race. I'm for the little man."



CONVICTED OF TREASON—Convicted by a Czechoslovak court of having aided the Nazis in setting up a separate state of Slovakia, Benes Josef Tins, former president of the German-controlled Republic of Slovakia, was sentenced to death by hanging. He had been retired by the Roman Catholic church for political activity.



RUMORS OF PRIME MINISTER'S ILLNESS PROVE FALSE—Enjoying his first holiday since the war, Prime Minister King is shown at Virginia Beach, Va., where he stayed a week.



AMNESIA CASE NO. 38—Her soft brown eyes look up with an appeal all their own, and in a warm bed panted tone she asks: "Could you help me, I seem to remember coming from Toronto." She is Mary Doe, 38, in the records of Detroit's sprawling receiving hospital. For days she has been trying to give psychiatrists a clue which will help re-establish her identity. The only bits of information the psychiatrists have to help identifying her are: a dim memory of a husband named Terry, and a brown and white dog named "Spunk." Vague recollection of having the maiden name, Audrey Dixon. An old-fashioned, plain, eight-carat gold wedding ring with the name inscribed, "Audrey Dixon." Possibility of living with her husband in Toronto for two or three years, time of the time in a converted army camp. Leaving Toronto to go to South Bend, Mary Doe was found lying unconscious on Detroit's Grand River St.

BUILDS TINY NEST—The smartest nest in the world is that of India's smallest bird. The nest is made of tiny bits of bark stuck together with saliva from the bird's beak and invariably they are a single egg in the nest.



FINDS \$10,000 IN CERTIFICATES—REWARDED \$200 DOLLARS—Six days' searching by Tommy Thompson, Conservative M.P.P. and former member of the Drew cabinet, "I gave Tommy \$2, but it was nothing," said Mr. Thompson. Tommy is shown, with friends as he holds some of the certificates which he found along a road near the town.

WARSAW BRIDGE LOSES TO FLOODS — King Winter caused this temporary bridge across the Vistula river at Warsaw to disappear. Bridge starts to give way, top, drops into river, centre, and disappears.

